**Day One (Thurs Oct 23, 2025)**

**8:00am – Breakfast & Registration**

**8:30am – Opening Remarks**

**9:00am – 2024 NS Youth and Young Adult Vaping Survey: Progress or Persisting Problems? – Myles Davidson, MSc, PhD Student**

This presentation will describe the findings from a survey conducted with 380 Nova Scotia youth and young adults that examined whether Nova Scotia’s vaping legislation has had an impact since being introduced. The results of the survey indicate that while some progress has been made over the last five years, there remains much work to be done to tackle the vaping epidemic among young Nova Scotians.

**9:45am – Raising the Age for Nicotine Free Youth and the Impact of Age 21 in PEI – TBD**

**10:30 – Break**

**10:45am – Youth Led Vaping Panel Discussion – PEI Youth Vaping Prevention Council**

**11:15 am – Breakout Session**

**12:00pm – Lunch**

**1:00pm – Small Pouch, Big Problem? Navigating the New Nicotine Norm – Leslie Phillips, PhD**

This presentation will provide an overview of nicotine pouches including what’s in them, how they work, patterns and perceptions of use, a review of the evidence re efficacy and safety/tolerability, relevant health guidelines and pharmacist perceptions.

**1:45pm – Breakout Session**

**2:30pm – Break**

**2:45pm – Rapid Fire Presentations**

**3:30pm Closing Remarks**

*6:00pm -8:00pm – Networking Social – Georgian Ballroom*

**Day Two (Fri Oct 24, 2025)**

8:00am – Breakfast & Registration

8:30am – Opening Remarks

9:00am – **LungNSPEI Tobacco/Vape Initiatives – Julia Hartley**

This session will provide an overview of recent programs and ongoing initiatives that LungNSPEI runs to support tobacco and vape use prevention and cessation for Nova Scotians and Islanders.

**9:20 – TBD**

**9:55am – Tobacco and Vaping Cessation in PEI: Program Updates and Innovations – Grace Allen**

This session will provide an overview of recent updates and enhancements to Prince Edward Island’s Smoking Cessation Program, including expansion efforts, integration with healthcare providers, and tailored supports for tobacco users. The presentation will also highlight ongoing prevention and reduction initiatives led by the Chief Public Health Office and Health PEI, with a focus on collaboration, system-level change and population impact.

**10:15am – Break**

**10:30am – Building Momentum for Smoke-Free Generations – Lynne Lund & Trish Atlass**

This hands-on session will build insights to strengthen our messaging for Smoke-Free Generations. Participants will work through key strategy tools - from mapping decision-maker influence to refining tactics - to identify concrete next steps for collective action.

**12:00pm – Closing Remarks**

**Breakout Session Topics**

\*Attendees will be able to choose to attend 2 of 4 sessions\*\*Space will be limited in each session\*

1. Incorporating Smoking Cessation in Community Settings: An Atlantic Canada Perspective – Tamsyn Brennan

2. Assets and Gaps in Tobacco/Vape Prevention & Reduction in Atlantic Canada - Lynne Lund & Trish Atlass

3. Engaging Youth in Tobacco/Vape Use Prevention - Jennifer O’Brien & PEI Youth Vaping Prevention Council Members

4. Motivational Interviewing – Speaker TBD

**\*This is a tentative agenda and subject to change\***